

## Engorged adult female ticks after a blood meal.



pacificus



Dermacentor occidentalis



Dermacentor variabilis

Ticks are found in natural areas that have grasses, shrubs, logs, or leaf litter.

## Ticks in California can transmit disease.

Ixodes pacificus may carry Lyme disease or anaplasmosis. Dermacentor ticks may carry Rocky

Mountain spotted fever or tularemia.

## Prompt removal of ticks can help prevent disease transmission!

## To remove a tick:



- Use tweezers to grab the tick as close to your skin as possible.
- Pull the tick firmly, straight out, away from the skin (do not jerk, twist or burn the tick).
- Wash your hands and the bite site with soap and water after the tick is removed and apply an antiseptic to the bite site.
- See your doctor if you develop a rash or flu-like symptoms within 30 days after a tick bite.

For more information: http://www.cdph.ca.gov/ Call: 916-552-9730 or your local health department